

# SMOKING AND ITS DANGER

*EXPERIENCES OF A WOMAN AND A MAN*



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# „IT’S AN INSOLVABLE MYSTERY”

MY FIRST GUEST SPOKE SHORT BUT HONESTLY. AGAIN IT REFERS TO THE HANDLING WITH CIGARETTES AND PIPES AND WE OCCUPIED US WITH THIS SENSITIVE SUBJECT FOR ONCE VERY INTENSIVE. THE WOMAN IS IN THE AGE OF 47 AND HAS CEASED FROM SMOKING SINCE 2 YEARS APPROXIMATELY.

**Hello, nice to meet you. Thanks for coming. Are you excited to engage in this analysis of agitating smoking?**

Yes, I like to talk about myself.

**Awesome! Let’s get started with the question how everything has begun. Who inspired you to take the mean drug and when?**

Er..., with 13 years I was on an excursion with my class mates in France. And I remember to be averse to using cigarettes and undertook never to do the same. But it was so cheap and the temptation to deal with it was high because some of my friends did. And I regret it but you can’t imagine how tough it is to avoid the peer pressure. To dodge it is a considerable feat.

**Did you enjoy it?**

No, it was awkward and disgusting!

**Have you continued straight afterwards?**

In the next summer I met my cousin in the US and we pilfered the cigarettes secretly from her parents’ shelf. From now on I bought the stuff constantly, the ordinary tobacco and the paper to enwrap it by myself. Retrospective I complained too often of receiving a cold. It’s like a reward, if you’ve worked so hard or must put the concentration upright you know.

**Do you know the uniqueness of smoking?**

If I knew! It’s an insolvable mystery and I’ve really no clue! I guess it is the oral satisfaction which makes you psychological dependent.

**Have you ever been sceptical or afraid of your health?**

No.

**Last but not least I want to ask you for an assessment of this project. Is it positive or rather negative, what do you think?**

It’s good, I’ve no suggestion how to revise it, but I would say that the ending effect is disputable. But it’s important to inform the youth.

**Thank you for the interview.**

You’re welcome.

# „I WISHED TO BE ADULT”

TODAY I WELCOME MY NEXT GUEST. HE SPOKE ABOUT HIS PERCEPTION OF THAT DAILY ISSUE. ADDITIONALLY, THE 52-YEARS-OLD MAN TALKED ABOUT TAKING CARE FOR EACH OTHER, CONSIDERING CHILDRENS’ HEALTH AND FINALLY ABOUT THE DESIRE FOR BEING ADULT.

**Hello. I invited you to provide me an insight of your inner deepest thoughts. Does it match to the situation that you’ll answer me certain questions?**

I think it’s fine. To be honest it’s pretty interesting to be part of the project. I want to let students feed on my experiences that smoking isn’t cool at all. Indeed it’s provoking addiction and trouble with your breath obviously.

**Great! Then let’s get started! First question: When have you tasted your first draw, who instigated you and how was it? Please tell me a story.**

It was awful I remember. I did it when I was just eleven. Every now and then I watched familiar members or any other men and women trying that stuff and I got jealous, so I took a box of cigarettes from my father, who laid it away for any reasons. You see even he as a non-smoker possessed it for a good purpose just to amuse the visitors. I fired one and put it in my mouth, admittedly and needless to say it cost an effort to pull all contents for instance the tobacco into my lungs, but I was really looking forward to the moment of being proud that I made it and got over myself. At the beginning I puffed it yet but then I decided to inhale for a time. I had to cough and became dizzy.

**Which way did you choose afterwards? Have you continued?**

At the beginning I was a bit shy and guarded but I increased the load slowly because I wished to be adult. Now I can understand that it’s going to be easier to assess what’s right and what’s wrong and to have a proper view for what’s good. I recognized how far I am compared to my youth.

**After what you grasped it would be better for you to finish living in dependence every single day?**

Well, my wife hates smoking and of course my little children either do. I was wondering if they could bear it to stay into the flat while it smells bad and I didn’t want them to suffer the role as a passive smoker. I’ve always struggled to look after them and that led me to hold on or at least divide the number of cigarettes per day. Besides I was hired for a job where I didn’t smoke during the time sitting into the bureau. Altogether I’m very happily right now and don’t think it’ll ever happen twice. The only thing I’m still doing is vamping an e-cigarette.

**Do you know the phenomenon which makes you depend on it and the temptation whereby you allow it to yourself?**

Surely cigarettes are filled with nicotine but especially the indulgence is decisive. You get the sudden intuition to devote oneself to something abnormal.

**Do you think it’s positive that our teacher suggested this idea?**

Yes, it’s exiting. But the approach of you and your class mates should be to keep concentrated on the subject and focus on the consequences the people try to show you in detail.

**How do you think about the pictures and phrases at the front side of the boxes?**

It's required for the moment to terrify especially teenagers and to warn of illness and death. I guess that it supplies instant transformations, but you must be careful that it won't grind down. Juveniles shouldn't get used to it, otherwise they will ignore the pictures and suppress their fear. To shock them you must do it for a while, inform them efficient and underline your statements with the help of statistics like the knowledge of the possibility to receive cancer in the worst case.

**Thank you for the interview!**

You're welcome.